

# Escape



## Cocktail classes in Paris

For a quintessential Parisian stay – Eiffel Tower vistas, 19th-century furniture and brocade fabrics – most visitors book into the elegant Hotel George V. The 244-room Four Seasons hotel is now offering guests a taste of life working behind its famous Le Bar through a new one-hour cocktail-making class with Grégory Hazac (above), ‘the Artisan Barman’. The session will involve a demonstration, a shaker session and, of course, a tasting.

Free for guests, [fourseasons.com/paris](http://fourseasons.com/paris)



## JAMAICAN STYLE ON A BUDGET

Jakes boutique hotel on Treasure Beach in southern Jamaica has a colourful history and draws an equally colourful crowd. It is owned by Sally Henzell, widow of The Harder They Come director Perry Henzell, and its guests have included Kate Moss, Sadie Frost and even Audrey Hepburn. Next month the 17-room hotel, named after the family's parrot, will launch a hostel that will be home to a 40-bed dorm plus 12 twin rooms. From £21 per night, [jakeshotel.com](http://jakeshotel.com)

# The HOT List

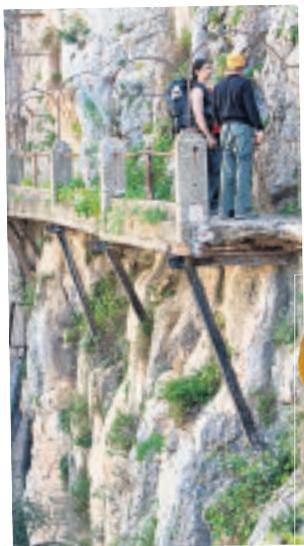
New travel trends, from making cocktails in Paris to picking exotic fruit in Japan

Compiled by Lisa Scott



## Shellfish adventures in Sweden

Join the fishing boat *Mira* and head out into the deep waters off Sweden's Fjällbacka archipelago to catch the black-gold lobster before heading back to shore to scoff your catch with a glass of wine. The safaris take place every weekend from tomorrow until November 2. From £243, including one night's accommodation and a four-course lobster dinner, [storahotelletbryggan.se](http://storahotelletbryggan.se)



## DON'T LOOK DOWN

The 'world's scariest footpath', the *Caminito del Rey* (above), will reopen in early 2015. The vertigo-inducing 1.2km trail, in the narrow Gaitanes Gorge in southern Spain, has undergone a multimillion restoration to make it safer after a series of fatalities. The trail now has new metal parts to replace those that have fallen into the Guadalhorce river below. Concrete paths will replace wooden ones and handrails have been added. The trail will be free to visitors for three months and then there will be a currently undisclosed charge for tourists.



## PYO Yuzu in Japan

A costly specialist citrus fruit from Japan called yuzu has been top of this summer's hot ingredient lists and now you can head to Shikoku island and pick it yourself. It's estimated that half of Japan's yuzu crop comes from the fertile grounds in Kōchi, and the five-day tour exploring the region's orchards and hillsides will allow food-focused visitors to meet the region's producers and chefs. The adventure starts in the pretty village of Umaji-Mura, where visitors will pick and press the fruit with locals. £957, November 13-17, [nextaroma.com/en/yuzu-tour-2014](http://nextaroma.com/en/yuzu-tour-2014)



## Zambia goes boutique

The team behind Malawi's luxe beach retreat *Kaya Maya* have opened a boutique hotel in the Zambian capital Lusaka. The 18-bedroom *Latitude 15* hotel, constructed from raw stone and wood, is filled with art from local Zambian artists and works borrowed from neighbouring Malawi. The hotel's restaurant offers gastropub food, a totally new concept for Africa. From £150 per night, [latitudehotels.com](http://latitudehotels.com)

## Designs on the perfect hotel

After extensive research Marriott hotels has identified what it believes are today's five lifestyle tribes: *Desirable Digerati*, *Social Media Savvies*, *Financial Foodies*, *Competitive Challengers* and *Fashionista Mumpreneurs*. So it has asked five lifestyle experts to design their perfect hotel room based on style, colour, technology and layout, and wants the public to vote on their favourite at [travelbrilliantly.co.uk/guestroom](http://travelbrilliantly.co.uk/guestroom). Once you have cast your vote, you will be entered into a prize draw to win a holiday to Istanbul. After the competition closes on October 20, Marriott will then roll out its 'perfect hotel' room across some of its 500 worldwide hotels.



## Uruguay on a high

Uruguay, the tiny country with a big reputation, was crowned The Economist's 'country of the year' in 2013 thanks to President José Mujica, who donates 90 per cent of his salary to charity, and the decision to legalise gay marriage and marijuana. Three new holiday properties are about to open in and around bohemian coastal town José Ignacio (right), designed by Norwegian art enthusiast Alexander Vik with Uruguayan architect Marcelo Daglio. *Bahia Vik*, the largest property, has ten suites, 11 bungalows and four granite pools. From £350 per night, [www.marazulvillas.com](http://www.marazulvillas.com)

